

**Esquimalt Military Family Resource Centre**  
**VOLUNTEER APPLICATION FORM**

[www.esquimaltmfrc.com](http://www.esquimaltmfrc.com) or call 1-800-353-5529 –1-250-363-2640

Date Received:

Interview Date:

<i>Name</i> _____		<input type="checkbox"/> CF member		<input type="checkbox"/> CF spouse		<input type="checkbox"/> Civilian		<input type="checkbox"/> Youth	
<i>Address</i> _____				<i>Postal Code</i> _____					
<i>Home Phone</i> _____				<i>Email</i> _____					
<i>Work Phone</i> _____				<i>Cell Phone</i> _____					
<i>Language(s): Spoken</i> _____				<i>Written</i> _____					

**2. How did you hear about the MFRC's Volunteer Program?**

\_\_\_\_\_

**3. Please tell us about yourself (volunteer/work experience, special skills or training, etc).**

*Education & Training* \_\_\_\_\_

*Work Experience* \_\_\_\_\_

*Volunteer Experience* \_\_\_\_\_

<p><b>I have the following special skills, talents, and /or interests which I do well and enjoy doing.</b></p>	<p><b>I would like to learn to improve on the following</b></p>	<p><b>Please don't ask me to do the following</b></p>
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***Please describe the experience that you are looking for with us.***

- |   |                                      |
|---|--------------------------------------|
| <input type="checkbox"/> <i>Use present skills</i>  | <i>Learn new skills</i>              |
| <i>Work with people in a helping role</i>           | <i>Work with one or two partners</i> |
| <i>Challenge myself</i>                             | <i>Do routine tasks</i>              |
| <i>Work in a group</i>                              | <i>Use my creativity</i>             |
| <i>Provide leadership for a program or activity</i> | <i>Help when needed</i>              |

***Please describe the skills you wish to share with the MFRC.***

- Facilitate or teach*
- Military lifestyle expertise*
- Fundraising*
- Writing*
- Plan events/conferences*
- Long range planning and vision*
- Research/resources*
- Coaching/mentoring/Leadership*
- Web development*
- Data entry/computer skills*
- Communications/photography*
- Counseling*
- Pre-natal and maternity care*
- Childcare and education*
- Answer phones*
- Administrative/reception*
- Arts/crafts/entertainment*
- Welcome newcomers*
- Translation*
- Find new friends and relationships*

*Is there a current MFRC program that interests you:* \_\_\_\_\_

*Other interests:* \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

***Thank you for your interest in volunteering! The Coordinator of Volunteers will contact you to set up an interview. If you have any questions please call 363-3443.***