

# **MFRC Volunteer Job Description**

## **Program Area**

Counselling Program

## **Position Title**

Rainbows Facilitator

## **Purpose of the Position**

Rainbows is a support group program for children who have suffered a significant loss in their lives by death, divorce or any other painful transition issues (ie. moving, long deployments). The purpose of this position is to facilitate a support group for children from military families.

## **Responsibilities and Activities**

- Facilitate a peer support group.
- Attend debriefs after program sessions.
- Record your volunteer hours and activities.
- Maintain contact with the Rainbows group coordinator.

## **Qualifications**

- Excellent interpersonal skills.
- Rainbows training certificate.
- Human Relations/Social Work training or academic qualifications (certificates, diplomas, degrees) would be an asset.

## **Training and Supervision to be provided**

Report to Rainbows group coordinator directly.

Ongoing training sessions provided by Rainbows. Attend at availability.

## **Evaluation**

Mutual evaluation performed annually.

Feedback forms from group and parents when group is completed.

## **Time Commitment**

- Minimum two hours per week when groups are in session.
- Sessions are September to December, January to April.

## **Location**

Group sessions are held at the Colwood Pacific Activity Centre (CPAC), 2610 Rosebank Road.

## **Benefits of Volunteer Position**

- Group facilitation practice.
- Excellent work experience.
- Incredible community service to military families.
- Letter of Reference after one group session is completed.

## **Who to contact**

Volunteer Coordinator at 250-363-0120